Health Minister digitally addresses inaugural session of CII Public Health Conference

New Delhi, Aug 17

Union Minister for Health and Family Welfare, Dr Harsh Vardhan, today, virtually addressed the inaugural session of the two-day CII Public Health Conference, virtually. Minister of State for Health and Family Welfare, Dr Ashwini Kumar Choubey and Member (Health) exhibition on NITI Aayog, Dr. Hespera and the Vinod K. Paul also participated in the digital campaign.

SC dismisses petition seeking postponement of JEE, NEET Exams

New Delhi, Aug 17

The Supreme Court today said that the plea seeking the postponement of the National Eligibility Cum Entrance Test (NEET) and Joint Entrance Exam (JEE) scheduled to be held amid the COVID-19 pandemic. The Court went on to dismiss the plea observing that the career of the students cannot be put under jeopardy for long. The Ministry of Health and Family Welfare, in its affidavit, said that the examination would be conducted in a phased manner, keeping in mind the COVID-19 pandemic. The Court observed that the students have been preparing for long and the examination would be conducted in a phased manner.

New Delhi, Aug 17

The Court also ruled that the students have been preparing for long and they should be allowed to appear for the examinations. The Court further observed that the students have been preparing for long and the examination would be conducted in a phased manner.

Transport Deptt. launches 'VAHAN 4.0' application enabling online services for registration related activities

Port Blair, Aug 17

It has been the endeavour of A&N Administration to deliver good services to the citizens and improve on a continuous basis for enhancing the quality of lives. In this direction, the Transport Department has launched 'VAHAN 4.0' application enabling online services for registration related activities from VAHAN 1.0 to VAHAN 4.0.

Press Release

Ahmedabad, Aug 17

Naval base Port Blair, Aug 17

The President of India, Shri Ram Nath Kovind, virtually unveiled the portrait of Shri Atal Bihari Vajpayee, former Prime Minister of India yesterday on his 96th birth anniversary, at the headquarters of Indian Council for Cultural Relations (ICCR). Shri Atal Bihari Vajpayee was served as the ex-officio President of ICCR from March, 1997 to August 1999 when he was Foreign Minister.

Speaking on the occasion, the President said that, today, through this virtual ceremony, we are paying our respects to such a brilliant nationalist who created many glorious chapters in the politics of India. He said that Atal ji was always committed to liberal thinking and democratic ideals. He left indelible mark of his unique personality and contributed a great deal during his different roles as party worker, Member of Parliament, Chairman of important standing Committees of Parliament, Leader of Opposition, Foreign Minister and Prime Minister. Atal ji, by his example, showed that after recovering from this pandemic, we should immensely contribute to the quality of service and bring about a transformational changes in our policies and meeting held via video-conferencing.

Shri Javdekar addressing the meeting and said that, “We have taken many initiatives to bring about a transformational changes in our policies and practices, as some proposals to providing better services can be finalized by doing gaz ki doori.”

NBC draws up comprehensive development plan for burning ghat; work expected to be completed within 3 months from award of work

Port Blair, Aug 17

The Port Blair Municipal Council has conceived a comprehensive development plan for Burning Ghat, which was mooted by the Member of Parliament along with Municipal Council. Finances will be roped in from MPLADS and Municipal Funds. The development proposal has complete revamping/ renovating of Pond in Chat style for performing rituals, proper parking, approach path, separate service road for frontline public utilities like toilet, changing room, drinking water facility, proper drainage system, strengthening of existing retaining wall, provision of seating places, wall painting, landscape with proper illumination and a grand entrance gate. There is also a proposal for locker facility for Asthi Kalash and a separate shop for Pooja items to perform last rituals of departed souls. The tender for the said work has been opened and the successful bidder is being finalized by the DTAC.

Indepedence Day celebrated in North & Middle Andaman District

Port Blair, Aug 17

The Independence Day-2020 was celebrated in North and Middle Andaman District following the guidelines of MoHA and MoHFW w.r.t. COVID-19 protocols.

The Independence Day was Celebrated with patriotic fervour and enthusiasm at the Headquarter, Deputy Commissioner, N&M Andaman, Shri Angel Bhai Chauhan hoisted the National Flag at Netaji Sports Complex, Mayabunder.

ACC urges dealers not to overcharge for any items meant for treatment of COVID-19

Port Blair, Aug 17

Andaman Chamber of Commerce & Industry (ACCI) has appealed to all dealers/retailers not to overcharge for any items to be used to treat/ contain for any treatment/ spread of COVID-19 be it medicine, mask, sanitizer, hand gloves, oximeter or other such services, as some instances in this matter have come to the notice of the Chamber, a press release from ACCI said.

#Andaman Fights COVID 19 Use face mask & maintain ‘do gaz ki doori’ - Together we will fight COVID-19
President of India virtually unveils ... (Contd. from page 1)

we will move rapidly on the path of progress and prosperity and will be successful in realising Atalji’s dream of making the 21st century India’s century.

The President also visited the memorial of Shri Atal Bihari Vajpayee - Sadaiv Atal yesterday to pay homage to the former Prime Minister on his second death anniversary.

Legend Indian classical vocalist Pandit Jasraj passes away

New Delhi, Aug 17

Pandit Jasraj, a legend in Indian classical music, passed away this morning at his home in New Jersey, USA. He was 90. A statement issued by his family said, Pandit Jasraj breathed his last on Monday morning due to a cardiac arrest. Pandit Jasraj, who belonged to the legendary Mewati Gharana, was in the US when the coronavirus lockdown happened and decided to stay back there.

The musical career of Pandit Jasraj spanned over eight decades. Although he belonged to the Mewati gharana, a school of music known for its traditional performances of khayals, he sang bhajans, khwabs and thumri also. His work was characterized by flexibility, adding elements of lighter styles, including the thumri. Pandit Jasraj has also lent vocals to Oscar-winning movie ‘Gandhi’. He was honoured with Padma Shri in 1979, Padma Bhushan in 1990 and Padma Vibhushan in 2000. He was given the Sangeet Natak Academy award in 1987. (Source: indiangov.in)

SC dismisses petition seeking ...

(Contd. from page 1)

Bench of Judges Arun Mishra, R.B. Gavai and Krishna Murari have heard a petition seeking postponement of the NEET and JEE filed by 11 aspirants from across various States. At the outset, Justice Mishra observed that life cannot be stopped and we have to move ahead with all safeguards. (Source:india.gov.in)

Transport Deptt. launches ‘VAHAN 4.0’ ...

(Contd. from page 1)

avoiding multiple visits to Transport Office. Applicants now will be informed about the status of the application through SMS to the number that is co-related to their mobile at the time of submission. Applicants can now view the application status online by visiting the URL https://vahan.parivahan.gov.in/vahan/service”, a press release from Directorate of Transport Services, Home Deptt.

Tribal Affairs Minister inaugurates ...

(Contd. from page 1)

case studies, and best practices collected from different parts of India to facilitate the exchange of evidence, expertise and experiences.

Speaking on the occasion, Shri Munda said, the launch of the portal is a first step towards the much bigger goal of serving the tribals. “The portal will also avoid multiple visits to Transport Office. Applicants now will be informed about the status of the application through SMS to the number that is co-related to their mobile at the time of submission. Applicants can now view the application status online by visiting the URL https://vahan.parivahan.gov.in/vahan/service”, a press release from Directorate of Transport Services, Home Deptt.

The Chairperson, PBMC and Secretary, PBMC alongwith technical officials carried out inspection of the Burning Chat on Aug 14 and directed the team to commence the work at the earliest, a press release from Secretary, PBMC said.

Health Minister digitally addresses inaugural session ...

(Contd. from page 1)

launched and the “CH Public Health Report” was released in their presence.

Citing India’s successful approach in containing and curing this novel health risk, he lauded the country’s capacity to turn Government schemes into a broader social movement that saw the “complete eradication of small-pox and polio from a time when India contributed 60% of the global cases of polio.”

He expressed hope that “the Prime’s Ministers goal of a tuberculosis free India by 2025 would be similarly achieved” with the help of industry leaders and the CH.

Recollecting his experience as the Health Minister of NCT of Delhi when he organized a campaign to eradicate polio with meagre funds but with the full backing and enthusiasm of prominent leaders of the industry, Dr Harsh Vardhan said that he has been witnessing “the same enthusiasm and commitment in eradicating tuberculosis bacilli from the country.”

On the TB Free Workshops campaign, Dr Harsh Vardhan said, “India with nearly 26.4 lakh Tuberculosis cases continues to have the largest share of the global TB burden.”

The economic burden of TB is huge in terms of lives, money and workdays lost as it disproportionately affects the poor who live in insanitary conditions and are deprived of calories’. He deliberated on the Government’s response to this problem by pointing out, “Resource allocation for TB in India has witnessed a fourfold increase in the last five years.

The Prime Minister had initiated a big survey for detection of TB cases upon taking office in 2014 itself.” Every patient of TB and even those with multi drug resistant TB are treated free of cost from the government and doctors are incentivized to report TB cases, he added.

The Union Health Minister expressed confidence that the Government’s boost to health infrastructure through Ayushman Bharat scheme would similarly eradicate diseases like Kala-azar and Leprosy and push the Maternal Mortality Rate to near zero.

Shri Jitendra Singh elaborated how the Prime Minister’s efforts to provide medical care to the grassroots have ushered in “a revolutionary expansion of health infrastructure in the rural areas.”

He explained that the extensive use of Telemedicine is clearly evident from the 1.5 lakh consultations already recorded on the e-Sanjeevani tele-consultation platform,” he added. (Source:india.gov.in)

Independence Day celebrated in ..

(Contd. from page 1)

various Departments of the Administration and appreciated their efforts for bringing changes in the lives of the people and urged them to coordinate and cooperate with each other in the pursuit of public interest. PRI Members and Head of Offices in limited technical officials carried out inspection of the Burning Chat on Aug 14 and directed the team to commence the work at the earliest, a press release from Secretary, PBMC said.

Health Bulletin For Containment Of COVID-19
Recommendations of AYUSH for positive cases of COVID-19:

- Food should be freshly cooked, warm, easily digestible, and in suitable quantity as per individual needs. Spices like Haldi (Turmeric), Jeera (Cumin), Dhaniya (coriander), Lahsun (Garlic), Adrak (Ginger), Pippali (Pepper) are recommended in cooking. Warm soups of lentils/pulses/meat can be taken as per preference. Avoid overeating.
- Use warm water for drinking (in optimal quantity at suitable intervals).
- Avoid foods/drinks like curd, banana, cold drinks, ice-cream, refrigerated items; and cold air which may trigger respiratory symptoms.
- AYUSH Kaaadha: Drink 150 ml of Herbal Tea/decoction [made by boiling Tulsi (basil), Dalchini (Cinnamon), Kalimirch, Shunthi (Ginger), Munakka (Raisin) in water] once or twice a day. Jaggery and fresh lemon juice may be added for taste.
- PratimaaarsyaNasya: Apply sesame oil/Coconut oil in both nostrils (Twice a day).
- Oil pooling (Gandusha): Gargle with warm water twice a day (a tea-spoon full of Sesame oil, half tea spoon Haldi and pinch of common salt may be added to water).
- Steam Inhalation: Thrice a day (Mint leaves or pinch of Ajwain (Carum seeds) may be added to the water in case of congestion)
- Half tea spoon of Clove powder or Licorice powder may be used once or twice a day along with honey for dry cough/sore throat.
- Have adequate sleep, preferably during night hours; avoid day sleep to the extent possible.
- Use warm water for bathing; and dry your hair thoroughly after head-bath.
- Stay calm and stress-free with daily practice of Yogasana, Pranayama, Meditation.
- Most important, think positive. You will overcome this problem.
- Consult concerned doctors at given numbers if symptoms persist/health condition worsens.

(Ayurved Physicians- Dr Rekha-9434299977 Dr. Smily John -9434277885 ; Homeopath- Dr MA Jawed-Mobl. 9434280366 . Dr. Krishnan Kutty 9933223599).
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**Inserted by**: Anwari Begum (Wife), Shabas Saadek, Sabia Saadek (Daughters), Afzal Saadek, (Son), Vikash (Son-in-law), Afsha (Grand Daughter), Afreen Begum (Daughter in law), all family members & Relatives.

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**OBITUARY**

**V. MUTHU KUMAR**
on 17-08-2020 in Ramanadhapuram, Tamil Nadu.

**Prop**: M. Kumar News Agency, Mukesh Travels, R/O Austinabad, Port Blair

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