New Delhi, Aug 21
Indian Parliament, led by Lok Sabha Speaker, Shri Om Birla, on Thursday urged the Government to focus on the International community to isolate Pak for sponsoring terrorism. New Delhi, Aug 21
Indian Parliament, led by Lok Sabha Speaker, Shri Om Birla, on Thursday urged the Government to focus on the International community to isolate Pak for sponsoring terrorism. New Delhi, Aug 21
Indian Parliament, led by Lok Sabha Speaker, Shri Om Birla, on Thursday urged the Government to focus on the International community to isolate Pak for sponsoring terrorism. New Delhi, Aug 21
Indian Parliament, led by Lok Sabha Speaker, Shri Om Birla, on Thursday urged the Government to focus on the International community to isolate Pak for sponsoring terrorism.

New Delhi, Aug 21
Union Minister of Chemicals and Fertilizers, Shri DV Sadananda Gowda has said that the Department of Fertilizers has initiated thorough scrutiny of second production / imports in the country of number of vehicles at the port for making the short film containing the third prize and a cash award of 50 thousand rupees. Similarly, Ministry of Toys and Handicrafts and Ministry of Art and Culture also created optional participation and awareness among the people to collaborate and take action against such actions by the players outside the real world, reminding them to take the right precautions and escape infection. He said that this is a new video marketing in which two promotional videos are simply designed and enjoyable medium to get a message across to the wider public. New Delhi, Aug 21
Union Minister of Chemicals and Fertilizers, Shri DV Sadananda Gowda has said that the Department of Fertilizers has initiated thorough scrutiny of second production / imports in the country of number of vehicles at the port for making the short film containing the third prize and a cash award of 50 thousand rupees. Similarly, Ministry of Toys and Handicrafts and Ministry of Art and Culture also created optional participation and awareness among the people to collaborate and take action against such actions by the players outside the real world, reminding them to take the right precautions and escape infection. He said that this is a new video marketing in which two promotional videos are simply designed and enjoyable medium to get a message across to the wider public. New Delhi, Aug 21
Union Minister of Chemicals and Fertilizers, Shri DV Sadananda Gowda has said that the Department of Fertilizers has initiated thorough scrutiny of second production / imports in the country of number of vehicles at the port for making the short film containing the third prize and a cash award of 50 thousand rupees. Similarly, Ministry of Toys and Handicrafts and Ministry of Art and Culture also created optional participation and awareness among the people to collaborate and take action against such actions by the players outside the real world, reminding them to take the right precautions and escape infection. He said that this is a new video marketing in which two promotional videos are simply designed and enjoyable medium to get a message across to the wider public.

Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people. New Delhi, Aug 21
Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people. New Delhi, Aug 21
Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people. New Delhi, Aug 21
Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people.

Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people. New Delhi, Aug 21
Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people. New Delhi, Aug 21
Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people. New Delhi, Aug 21
Ministry of Chemicals and Fertilizers has said that the new video marketing and interactive first-of-its-kind video game ‘Corona Fighters’ to spread awareness about the COVID-19 pandemic will be launched on the Online Portal of the Ministry of Chemicals and Fertilizers (MOCF) for the benefit of the people.
The contest went live on 14th July on MyGov portal and ended.

Shri Gowda further informed that during August 2020, DAP has been passed on to the farmers by the manufacturing companies.

New Delhi, Aug 21(PB) Sports Awards are given every year to recognize and reward excellence in sports. Rajiv Gandhi Khel Ratna Award is given for the spectacular and most outstanding performance in the field of sports by a sportsperson over a period of four years. Aryaman Choudhary, U-17 National Football Team Captain, has been announced as the recipient of this year's Rajiv Gandhi Khel Ratna Award.

The contest went live on 14th July on MyGov portal and ended.

Shri Gowda further informed that during August 2020, DAP has been passed on to the farmers by the manufacturing companies.

New Delhi, Aug 21(PB) Sports Awards are given every year to recognize and reward excellence in sports. Rajiv Gandhi Khel Ratna Award is given for the spectacular and most outstanding performance in the field of sports by a sportsperson over a period of four years. Aryaman Choudhary, U-17 National Football Team Captain, has been announced as the recipient of this year's Rajiv Gandhi Khel Ratna Award.
Recommendations of AYUSH for positive cases of COVID-19:

- Food should be freshly cooked, warm, easily digestible, and in suitable quantity as per individual needs. Spices like Haldi (Turmeric), Jeera (Cumin), Dhaniya (coriander), Lahsun (Garlic), Adrak (Ginger), Pippali (Pepper) are recommended in cooking. Warm soups of lentils /pulses / meat can be taken as per preference. Avoid overeating.

- Use warm water for drinking (in optimal quantity at suitable intervals).

- Avoid foods/drinks like curd, banana, cold drinks, ice-cream, refrigerated items; and cold air which may trigger respiratory symptoms.

- AYUSH Kaadha: Drink 150 ml of Herbal Tea /decoction [made by boiling Tulsi (basil), Dalchini (Cinnamon), Kalimirch, Shunthi (Ginger), Munakka (Raisin) in water] once or twice a day. Jaggery and fresh lemon juice may be added for taste.

- PratimaarshiNasya: Apply sesame oil /Coconut oil in both nostrils (Twice a day).

- Oil pooling (Gandusha): Gargle with warm water twice a day (a tea-spoon full of Sesame oil, half tea spoon Haldi and pinch of common salt may be added to water).

- Steam Inhalation: Thrice a day (Mint leaves or pinch of Ajwain (Carum seeds) may be added to the water in case of congestion)

- Half tea spoon of Clove powder or Licorice powder may be used once or twice a day along with honey for dry cough /sore throat.

- Have adequate sleep, preferably during night hours; avoid day sleep to the extent possible.

- Use warm water for bathing; and dry your hair thoroughly after head-bath.

- Stay calm and stress-free with daily practice of Yogasana, Pranayama, Meditation.

- Most important, think positive. You will overcome this problem.

- Consult concerned doctors at given numbers if symptoms persist/health condition worsens.

(Ayurved Physicians- Dr Rekha-9434299977 Dr. Smily John -9434277885 ; Homeopath- Dr MA Jawed- Mob. 9434280366, Dr. Krishnan Kutty 9933223599).
Daily Telegrams

Classifieds

Ayurvedic Immunity Promoting Measures
Take Chyavanprash 10 gm (1 tsf) in the morning. Diabetics should take sugar free Chyavanprash.

Drink herbal tea / decoction (Kadha) made from Tulsi (Basil), Dalchini (Cinnamon), Kalimirch (Black pepper), Shunti (Dry Ginger) and Mohan (Rasam) - once or twice a day. Add jaggery (natural sugar) and / or fresh lemon juice to your taste, if needed.

Golden Milk: Half tea spoon Haldi (turmeric) powder in 150 ml hot milk - once or twice a day.

No. 1-6/18/131/LTEND/2020-21/2344
OFFICE OF THE GRAM PANCHAYAT
VILL: CHANDANLAL, TALUK: LITTLE ANDHAMAN

QUOTATION NOTICE
Sealed Quotations are invited from the Manufacturer/Authorized dealers/brokers/General suppliers for the supply of the above mentioned items for the use of Gram Panchayat Netaji Nagar.

1. Start date of sale of tender document: 11/08/2020 from 10:00am to 4:00pm.
2. Last date and time of sale of tender document: 02/09/2020 upto 4:00pm.
3. Last date and time of receipt of tenders: 03/09/2020 upto 10.00am.
4. Time and date of opening of tender: 03/09/2020 at 10.15am.

The tender document with details of items along with terms and conditions can be obtained from Gram Panchayat Netaji Nagar at their office on any working day between 10.00 am to 4.00 pm on payment of Rs. 500/- (Five hundred only). The tenderer should produce the proof of manufacture/authorized dealers/brokers/General suppliers and stockist for supply of electrical items at the time of purchase of tender documents.

The tenderer should submit sealed tender super scripting title “Sealed Quotation for the supply of electrical items” along with N.O. & date along with E/MID of Rs. 500/- in the form of call deposit bank guarantee from a nationalized bank valid for a period of one year drawn in favour of Prodhan Gram Panchayat Netaji Nagar.

The Prodhan, Gram Panchayat Netaji Nagar reserves the right to accept or reject any or all the tenders without assigning any reasons thereof.

ID: No. 6837
Gram Panchayat Netaji Nagar, Little Andhaman

NOTICE INVITING TENDER
No. t-tender-DB/C/1/C 2020-21/1773

The Executive Engineer, Construction Division, APWD, Car Nicobar on behalf of President of India, invites online item Rate tenderers (in form of CPOD) from the approved list of APWD and Non-APWD contractors irrespective of their enlistment subject to the condition that they have experience of having successfully completed similar nature of work in terms of cost in any of the government department in Andaman & Nicobar Islands for at least five years and who have any out-standing bills for unredeemed

1. Ld. 6834
2. 1 Modulatory of Assistant Commissioner’s (H.O) Camp Office at Car Nicobar, Ph: 2673156, Emr: Rs.2673154, Fax: 2673313, H. No. 92, (Twenty Months). (Tender ID: APWD144.11)

The bid details and other details can be obtained from the website www.eprocure.gov.in

ENGINEERING DEPARTMENT

ID: No. 6834

14TH YEAR REMEMBRANCE
22-08-2020
S. VALSALA
Fondly remembered by:
K. Sadashivan Pillai & family

9TH DEATH ANNIVERSARY
22-08-2001

"THE LOVE & WARMTH YOU SHARED IS INESTIMATEABLE, A TRIBUTE TO MAIN LOVE FROM S S & RAMAKRISHNAN (JACOB), DHR, JYOTI JAMAKRAM, R. RAJAKUMAR (SON), R. RAJESH KUMAR (SON), FAMILY MEMBERS, RELATIVES & FRIENDS"

DISCLAIMER: Readers are requested to verify all the information appearing in the advertisement before entering into any transaction. The Publisher / Owner / Proprietor of the The Pioneer is not responsible for any transaction entered into by anyone on the understanding of any advertisement appearing in the newspaper.