**PM performs Bhoomi Puja at 'Shree Ram Janmabhoomi Mandir'**

Temple should be constructed on the foundation of mutual love and brotherhood: PM

New Delhi, Aug 5 (PTI)

Prime Minister, Shri Narendra Modi performed Bhoomi Puja at 'Shree Ram Janmabhoomi Mandir' at Ayodhya today. Speaking on the occasion, Prime Minister congratulated fellow countrymen and Ram Bhaks all across the world on the holy occasion. Terming it as historic, he said that India is starting a glorious chapter today, when people all across the country are excited and emotional to have finally attained what they have been waiting for centuries, several of whom are scarcely able to believe that they are witnessing this day in their lifetime. He highlighted that Ram Janmabhoomi has become liberated from the cycle of breaking down and building up again, and a grand temple for Ramlala will be constructed in place now.

Prime Minister said that just like 15th August is representative of sacrifices by people all across the country towards the freedom struggle, this day marks the immense dedication and continuous struggle across generations for the Ram Mandir. He recalled and paid obesience to those whose struggles have resulted in the dream of Ram Mandir coming true.

Prime Minister observed that while several attempts were made to wipe out his existence, Shree Ram continues to be the foundation of our culture. He said that Ram Mandir will be a modern symbol of our culture, eternal faith, national spirit and the power of unity, which will inspire generations to come. The construction of the temple will also open up several opportunities across sectors and will change the economy of the region.

Prime Minister noted that this day stands testimony to the truth of the faith and resolution of crores of Ram Bhaks. He praised the dignity and restraint with which fellow countrymen responded, keeping the feelings of everyone in mind, when the judgment was passed by the Supreme Court last year.

**Current COVID situation demands 'mardya' to be: 'do gaz ki doori - mask hal zarooni'**

Port Blair, Thursday, August 06, 2020

**Regn. No. 34190/75**

**No. 209**

**Port Blair, Thursday, August 06, 2020**

**Web: dt.andaman.gov.in**

**Rs. 3.00**

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**NITI Aayog's Atal Innovation Mission unveils National Winners of the ATL Tinkering Marathon 2019**

Flagship initiative aims at felicitating young student innovators

New Delhi, Aug 5 (PIB)

Atal Innovation Mission (AIM), NITI Aayog declared the results of its flagship annual innovation competition Atal Tinkering Marathon 2019. A total of 150 Ascent Labs across the country and announced 150 winners of the Marathon. This year, the challenge was executed by AIM in partnership with MyGov, an initiative of Government of India.

**Celebration of 74th I-Day will be marked by musical performances of Bands from Army, Navy & IAF**

New Delhi, Aug 5 (PTI)

The Ministry of Defence said the Bands are, for the first time, celebrating Independence Day by displaying their performances across the country, during the fortnight beginning 1st August, 2020. The performances are a gesture of gratitude and appreciation of the nation towards the ATL warriors, who have been bravely fighting to stop the spread of the Coronavirus in the country even at the risk of their lives.

The bands of Army, Navy and Police have performed at P o r b a n d a r, H y d r a b a d, Bengaluru, Raipur, Amritsar, Guwahati, Chennai and other cities. Also, the Military and Police Bands of India will perform on the afternoon today in V i s h a k h a p t a n t.

**Tackling the menace of drugs Ministry sanctions setting up of Integrated Rehabilitation Centre for Addicts with outpatient facilities**

Port Blair, Aug 5

Ministry of Social Justice and Empowerment (M SJ&E), Government of India has sanctioned the project of Integrated Rehabilitation Centre for Addicts (IRCA) with outpatient facilities in Andaman and Nicobar Islands, under the National Programme for Drug Demand Reduction (NPDDR) of the Ministry of Social Justice and Empowerment. Government, of India. The Ministry has informed to draw the entitlement for three months of food grains and chana whole per ration card holder per month for three months.

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People of all ages can be infected with the coronavirus (nCoV-19) hence everyone should maintain hygiene and social distancing by not going out of house unnecessarily, not undertaking non-essential travel and keeping away from people who are sick.

Elderly people and people with pre-existing medical conditions (such as asthma, diabetes, heart disease) are more vulnerable to the virus infection. So to reduce their risk of getting sick, they should:
1. Stay at home.
2. Wash their hands often.
3. Take everyday precautions to keep space between themselves and others (stay 6 feet away, which is about two arm lengths) especially keep away from people who are sick.

1. During pregnancy, your immune system isn’t as quick to respond to illnesses. This may increase your risk of getting sick with viruses, like COVID-19.
2. Spread of COVID-19 occurs mainly when a person infected with the virus coughs or sneezes. To protect yourself from the virus, take these steps:
   - Wash your hands regularly with soap and water.
   - Limit or avoid contact with people who are sick.
   - Clean and disinfect objects you touch regularly.
   - Try not to touch your eyes, nose or mouth.
3. If you have any of these symptoms, call your healthcare provider right away:
   - Fever
   - Cough
   - Shortness of breath

What do we do to protect ourselves from COVID-19?
We wear a mask, maintain physical distance and follow hand hygiene!

Badalkar Apna Vyavahar, Kairen Corona Par Vaar
Together we will fight COVID-19!

Directorate of Health Services and Andaman & Nicobar State AYUSH Society, A & N Administration

Ayurvedic Immunity Promoting Measures

1. Take Chyavanprash 10gm (11/2tsp) in the morning. Diabetics should take sugar free Chyavanprash.

   Drink herbal tea / decoction (Kadha) made from Tulsi (Basil), Dalchini (Cinnamon), Kali Mirch (Black pepper), Shunti (Dry Ginger) and Muhakka (Resin) - once or twice a day. Add jaggery (natural sugar) and / or fresh lemon juice to your taste, if needed.

2. Golden Milk - ½ tea spoon Haldi (turmeric) powder in 180 ml hot milk, one or two a day.

Stay Safe with Age Old Wisdom of Ayurveda
AYUSH Home Remedies for Dry Cough/Sore Throat

Steam inhalation with fresh Mint leaves/caraway seeds can be practiced once in a day.

Clove powder mixed with natural sugar/honey can be taken two to three times a day.

Consult a Doctor if the symptoms persist.
URGENT VACANCY
Walk-in-interview for the post of Joint Civil Medical Officer (JGMO) and District Medical Officer (DMO) and Driver on purely temporary contractual basis on consolidated pay for a period of 03 months under the Union Territory Health-cum-Hospital Management System (Bhopal) as detailed below:

NAME OF POST: Joint Civil Medical Officer (JGMO) & Driver

No. of Vacancy:
1. JGMO: 03
2. Driver: 01

No. of Post: 03
No. of Post: 01

Monthly consolidated pay:
1. JGMO: Rs. 15,000/-
2. Driver: Rs. 10,000/-(DME)

Mode of interview:
Walk-in-interview to be conducted for vacancies under ICPS for the post of Civil Medical Officer (JGMO) and Driver.

Applicants can appear for the interview on 17.08.2020 from 11.00 AM onwards for the post of Joint Civil Medical Officer (JGMO) and Driver and should bring along with them the following:

1. Latest passport size photograph
2. Certificate for qualification
3. Certificate for age
4. Certificate regarding婚 civil status
5. Certificate regarding the position in service
6. Character certificate
7. Caste certificate

NOTE: Any candidate who is found not fulfilling the requirements of the post or misrepresenting his credentials shall be debarred from further consideration.

Date of interview: 17.08.2020
Time: 11.00 AM
Venue: High Court Complex, Port Blair

OFFICE OF THE DEPUTY COMMISSIONER
OFFICE OF THE DISTRICT MAGISTRATE
TO LET

1 BHK Rent Room available at Garacharma. Contact: 9243891697, 9933209255

1 BHK & 2 BHK flats Times House Water Supply & Sanitation Building, South Patel, Main Road, Garacharma.

2. Driver

1. High School certificate
2. Permission to drive firearms of light motor vehicle
3. Driving license for heavy vehicle
4. Knowledge of emergency rescue vehicle.

Name of the Office:
Assistant Commissioner (Session) South Andaman District

Date of death:
15-08-2020

Name:
Sd/- (Prem Singh Meena)

Name of the place:
District Health Society behind School Line

Address:
Ph. 9434284583 / 9734482888

Contact No.
9476068635, 9933099959

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1 BHK & 2 BHK flats Times House Water Supply & Sanitation Building, South Patel, Main Road, Garacharma.
Total confirmed cases: 1027

- COVID-19 STATUS OF ANDAMAN & NICOBAR ISLANDS AS ON 06.08.2020

<table>
<thead>
<tr>
<th>Name of District</th>
<th>Isolation Beds Available</th>
<th>Occupied</th>
<th>Positive Cases Admitted</th>
</tr>
</thead>
<tbody>
<tr>
<td>South &amp; Middle Andaman</td>
<td>12</td>
<td>11</td>
<td>3</td>
</tr>
<tr>
<td>South Andaman</td>
<td>31</td>
<td>25</td>
<td>9</td>
</tr>
<tr>
<td>Nicobar</td>
<td>10</td>
<td>4</td>
<td>36</td>
</tr>
</tbody>
</table>

- Human to house surveillance throughout South Andaman District continued in Constance Zone (Shapoorji, Mome), Koraikund, Balhi Bani, Dairy Farm, Phoenix Bay, Junglal and Haddo) are being conducted by District Administration with the help of Health Workers.
- Intensive awareness is continued through print and electronic media.

**Asymptomatic Passengers (Ship)**

1. 1753 Incoming Passengers screened at VSI Airport and 871 screened at Haddo Wharf by medical teams since 25.05.2020.
2. 2278 Outward Passengers screened at VSI Airport and 928 screened at Haddo Wharf by medical teams since 25.05.2020.
3. 8581 samples of vulnerable passengers (Persons of the age of 65 years and above, persons with co-morbidity, children below age 10 years, pregnant women, persons coming from mainland after treatment and above, persons with co-morbidity, children age below 10 years, and above, persons with co-morbidity) are admitted at private hospitals.

**Asymptomatic Passengers (Flight)**

1. 21743 Outward Passengers screened at VSI Airport and 928 screened at Haddo Wharf by medical teams since 25.05.2020.
2. 17513 Incoming Passengers screened at VSI Airport and 871 screened at Haddo Wharf by medical teams since 25.05.2020.

**Status of Sample and Testing for COVID-19:**

1. Total Samples sent till date: 25266
2. Total Reports received till date: 24814
3. Total Pending Reports: 983
4. Date of Testing Per Million: 62108
5. House to house surveillance throughout South Andaman District continued in Constance Zone (Shapoorji, Mome), Koraikund, Balhi Bani, Dairy Farm, Phoenix Bay, Junglal and Haddo) are being conducted by District Administration with the help of Health Workers.
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